

## Education

since 2019

### Research Associate

Helmut-Schmidt-University

Doctorate topic: „Executive Functions in Kindergarten “

9/ – 12/2022

### Research stay abroad

University of Wollongong, Australia

since 2017

### Apprenticeship as a psychological psychotherapist

Institute for Modern Behavioral Therapy

2013 – 2015

### Master in Psychology (M. Sc.)

Ruprecht-Karls-University Heidelberg

Graduation grade: 1,3

Master thesis

“The relationship between motivation and outcome in the early phase of Systemic and Cognitive Behavioral Therapy: A pilot randomized controlled trial in social anxiety disorder.”

2009 – 2013

### Bachelor in Psychology (B. Sc.)

University of Münster (Westfälische Wilhelms-Universität)

Graduation grade: 1,8

2012 – 2013

### Semester abroad

Psychology (B. Sc.)

Universidad Complutense Madrid, Spain

Bachelor thesis

“Who have I told already? The influence of novelty value and self-reference of utterances on destination memory.”

2004 – 2007

### Apprenticeship as a clinical nurse

Albertinen Hospital, Hamburg

## Professional Experiences

as psychotherapist

since 02/2020

### Ambulant Therapy

MoVa Institut Hamburg

01/- 06/2019

### Internship one, second half

Asklepios Nord, Forensic, Hamburg

5/ – 11/2018

### Internship one, first half

Die Brücke – Day clinic, Lübeck

2017 – 2018

### Internship two

Autism Institut Hamburg

as psychologist

2016 – 2017

**Women's Emergency Hotline against Sexual Violence against Women and Girls e.V.**

Specialized counseling center and prevention, Heidelberg

2016 – 2017

**Research Associate**

Field of Focus 4: Self-regulation and regulation

Development of Self-regulation, Heidelberg

2015 - 2016

**Research Assistant**

Field of Focus 4: Self-regulation and Regulation

Development of Self-regulation, Heidelberg

2011 – 2012

**Tutor for Seminar Diagnostic Interviewing**

as nurse

11/ – 03/2020

**Outpatient care service**

Diakonie Wilhelmsburg, Hamburg

2014 – 2017

**Night service pool**

Psychiatric Center North Baden Wiesloch

2010 – 2012

**Gerontopsychiatry**

St. Rochus Hospital Telgte

2007 – 2009

**Psychiatry**

Albertinen Hospital, Hamburg

### **Internships**

2015

**Women's Emergency Hotline against Sexual Violence against Women and Girls e.V.**

Specialized counseling center and prevention, Heidelberg

2013

**University Hospital Münster**

Special ward for people experiencing psychosis

2013

**EOS Clinic Münster**

Psychotherapy clinic for neurotic disorders, Münster

2013

**Joint practice for psychotherapy, psychosomatics and psychiatry for children and adolescents**

Forster & Schlüter, Hamburg