





# Predictors of Pro-environmental Behaviour: A Capability Perspective

Torsten Masson torsten.masson@ufz.de



# **Agenda**

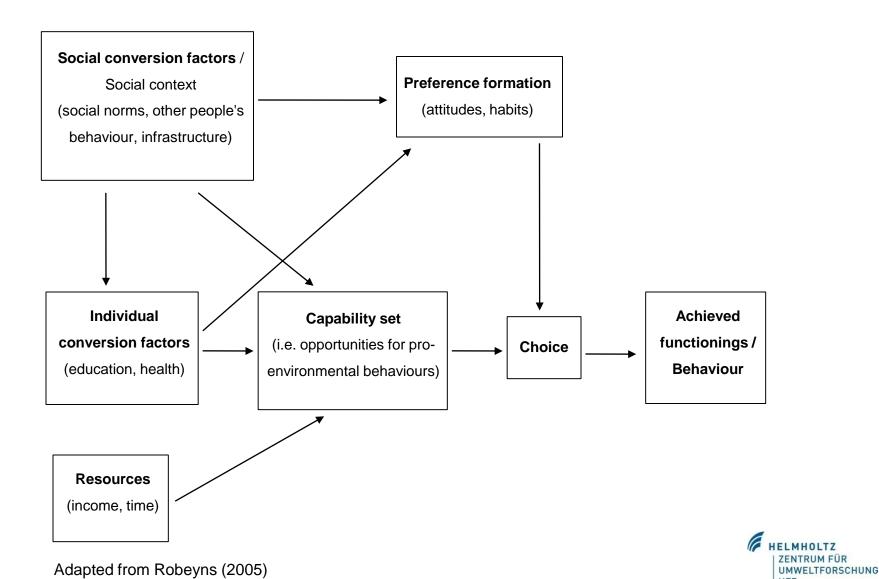
- I. Capability Approach (CA) and Sustainable Development (SD)
- I. Theory of Planned Behavior (TPB)
- I. Pro-environmental behaviour (PEB):Empirical results from GSOEP-IS
- I. Discussion



## I Capability Approach & SD

- Linking the Capability Approach & Sustainable
   Development: 2 ways
- I) Capabilities provide the metric of SD ("What should be preserved?") → shift from needs (Brundtland) to capabilities/ functions → focus on freedom in defining SD → CA accounts for sympathy and commitment as opposed to ego-focused approaches
- II) CA provides a measurement heuristic for SD → CA functions as a modeling framework, identifying opportunities and constraints for e.g. proenvironmental behaviour

## I Capability Approach & SD

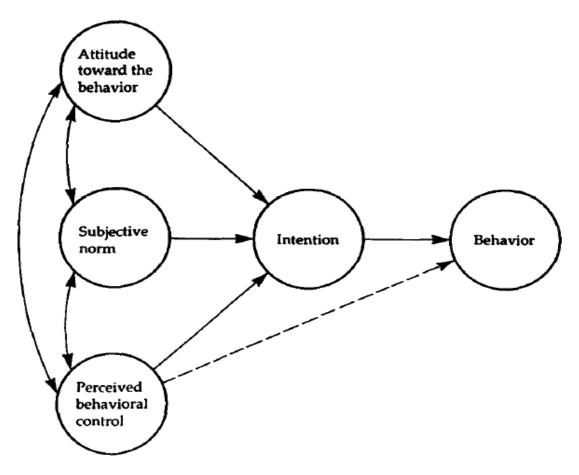


## **II Theory of Planned Behavior (TPB)**

- Social cognitive approach → developed by Ajzen (1988, 1991) → based on Theory of Reasoned Action (Fishbein/ Ajzen) → TRA/TPB qualifies attitudebehaviour relationship
- Widely used in research on pro-environmental behaviour
- 3 proximal predictors of behavioral intentions → attitudes, social (subjective) norms, perceived behavioral control → intentions mediate influence of predictors on behaviour
- Several extensions of TPB  $\rightarrow$  e.g. descriptive & personal<sup>2</sup>

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# **II Theory of Planned Behavior (TPB)**



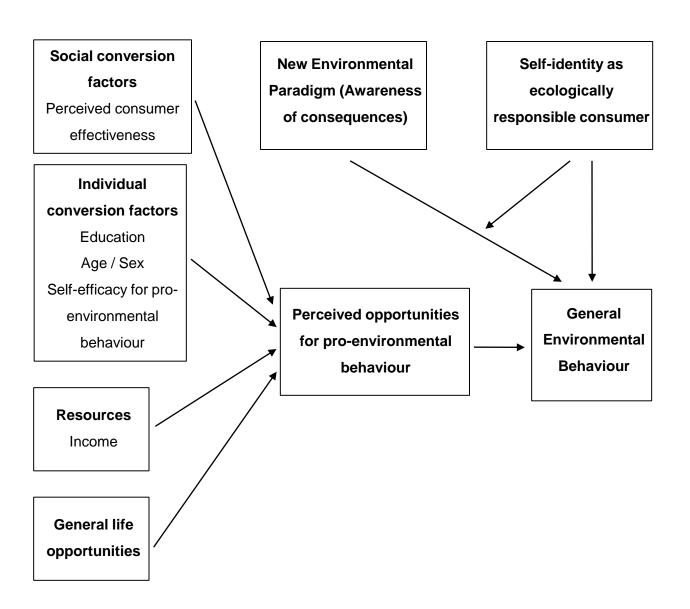
Taken from Ajzen (1991)



## **III Empirical results (GSOEP-IS)**

- Analysis of general environmental behaviour (GEB) → based on the data of Kaiser/Ott → GEB = cumulative index of environmental behaviours with various difficulties
- 6 behavioral domains: mobility, energy, consumption, recycling, waste, general pro-environmental behaviour
- Specific analysis of GeNECA data on purchase of organic food and use of public transport / bike for inner-city rides

#### III Theoret. framework pro-environm. behaviour





#### III General Environm. Beh.: Method / Measures

- Correlational design, n = 433 (219 with income)
- <u>Dependent measure</u>: frequency of approx. 20 environmental behaviours
- Independent measures:

Resources: Monthly income

Individual conversion factors: Age, sex, education, self-efficacy for pro-environmental behaviours (1 item: "How much can you contribute to environmental protection?")

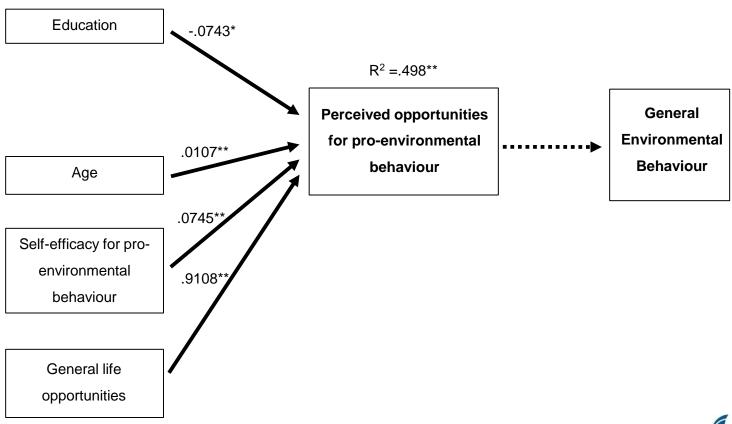
Social conversion factor: perceived consumer effectiveness (1 item: "How much can consumer SENTRUM FÜR UMWELTFORSCHUN CONTRIBUTE to environmental protection?")

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#### III General Environm. Beh.: Method / Measures

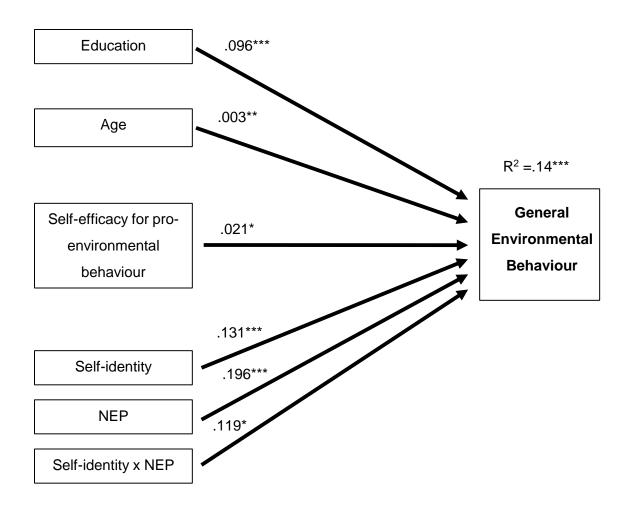
- New environmental paradgim (NEP, Dunlap et al. 2000): 15 items (α = .77), measures perceived human impact on nature (environmental concern)
- <u>Self-identity</u> as ecologically responsible consumer (Whitmarsh/O'Neill 2010, 4 items, α = .74, e.g., Protecting the environment is important to me")
- General life opportunities (8 items, α = .82, opportunities for income, healthy lifestyle, social contacts, education etc.)
- Mediator: <u>Perceived opportunities</u> for proenvironmental behaviour (1 item, "How big are your | ZENTRUM FÜR UMWELTFORSCH UFZ

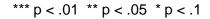
# III GEB: Empirical model I





# III GEB: Empirical model II



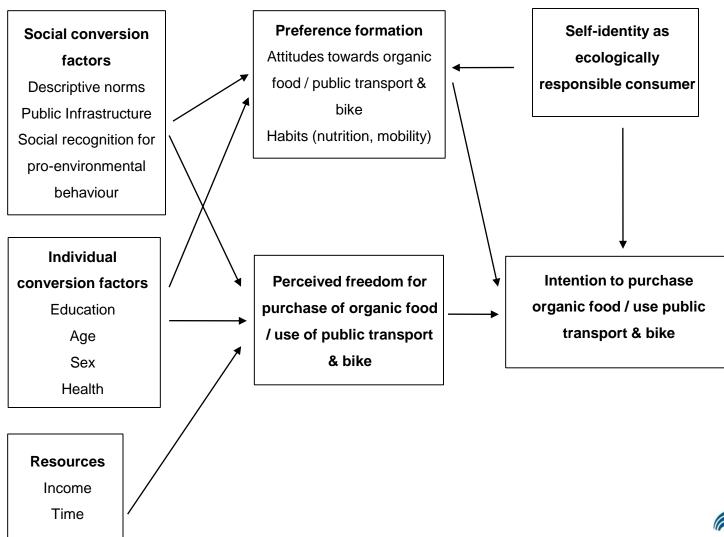




## **III Summary General Environmental Behaviour**

- Direct positive effects of education, age, self-efficacy beliefs, self-identity as environmental responsible consumer and NEP on GEB-scale → no effects of income on GEB
- Moderator effect of self-identity on NEP → stronger relationship between NEP and GEB at higher levels of self-identity as envir. resp. consumer
- Effects of resources, individual and social conversion factors are not mediated by perceived personal opportunities for pro-environmental behaviour

#### III Theoret. framework pro-environm. behaviour



#### **III Specific PEBs: Methods / Measures**

Dependent measures:

Intention to buy organic food / use public transport (1 item: "How often do you intend to ... within the next 2 months?") Frequency of purchase of organic food / use of public transport & bike (1 item, "How often have you ... within the last 2 months?")

Independent measures:

Resources: perceived financial and time barriers for purchase of organic food / use of public transport & bike

Individual conversion factors: Age, sex, education perceived health barriers for use of public transport

#### **III Specific PEBs: Methods / Measures**

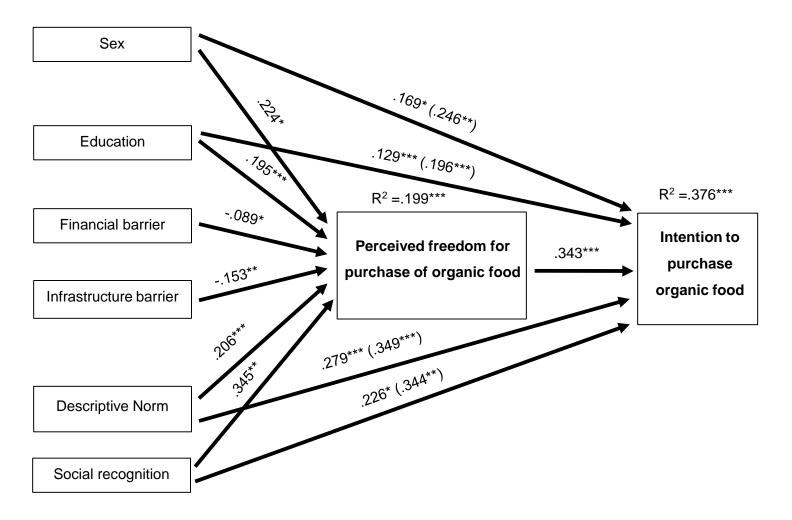
- Social conversion factors: descriptive norms for purchase of organic food / use of public transport & bike (1 item, "Most of the people, who are important for me, buy organic food / use public transport for inner-city rides."), perceived infrastructure barriers for purchase of organic food / use of public transport
- Attitude towards organic food / public transport & bike (2 items, e.g. "Purchasing organic food is good.")
  Habits: perceived habit barriers for purchase of organic food / use of public transport 6 bike (1 item, "Purchasing organic food / using public transport is against my habits.")

#### **III Specific PEBs: Methods / Measures**

- Social recognition for purchase of organic food / use of public transport & bike (1 item, "Others have recognized that I purchase organic food / use public transport.")
- Perceived freedom for purchase of organic food / use of public transport & bike (1 item, "How much freedom do you have to buy organic food / use public transport for inner-city rides.")

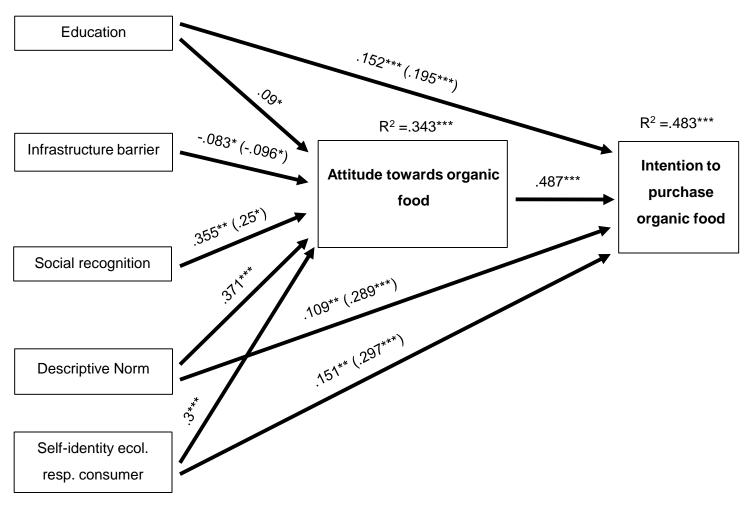


#### III Purchase organic food: Empirical model I



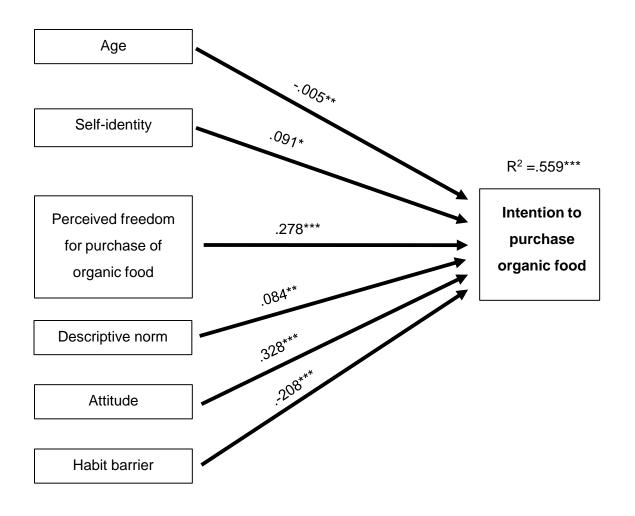


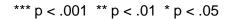
## III Purchase organic food: Empirical model II





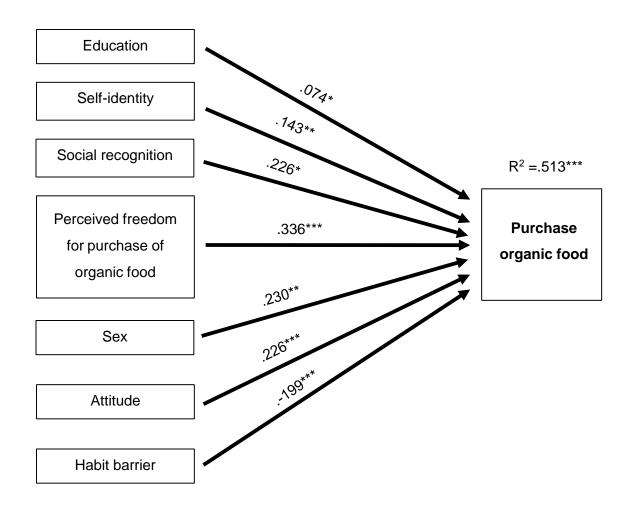
## III Purchase organic food: Empirical model III

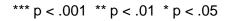






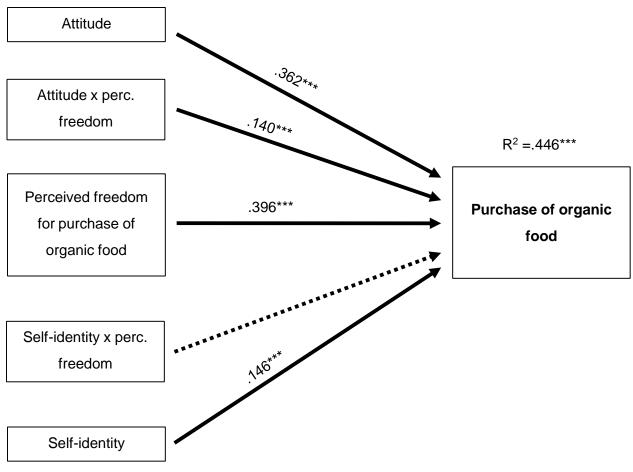
#### III Purchase organic food: Empirical model IV







## III Moderation analysis purchase organic food

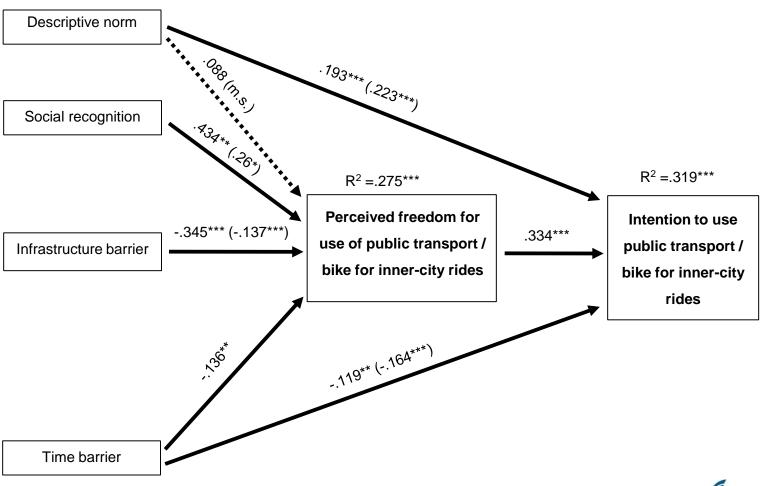




## **III Summary Purchase organic food**

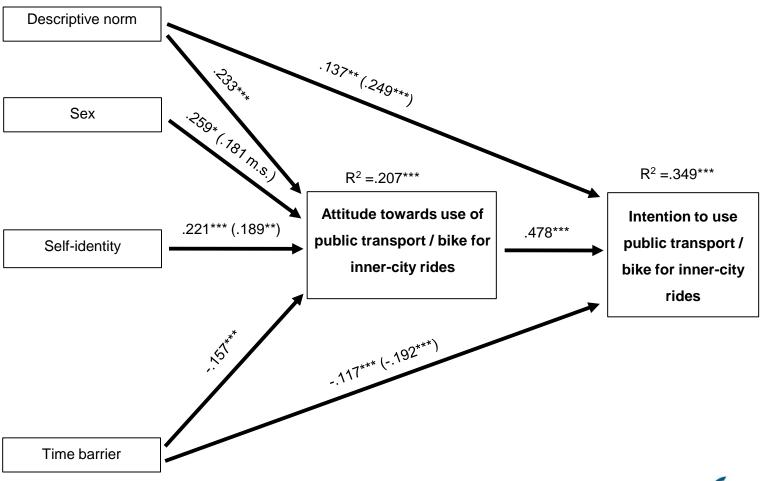
- Direct effects of education (+), attitude (+), self-identity (+), perceived freedom (+), sex (+), social recognition (+) and habit (-) on purchase behaviour
- Comparable results for intentions → but no direct effects of sex and social recognition (instead effect of descript. Norm)
- Effects of education (+), sex (+), descriptive norm (+), social recognition (+) and infrastructure & financial barriers (-) on intentions are mediated by perceived freedom
- Effects of education (+), self-identity (+), descriptive of the true of true of the true of the true of the true of true

## III Use public transport / bike: Empirical model I



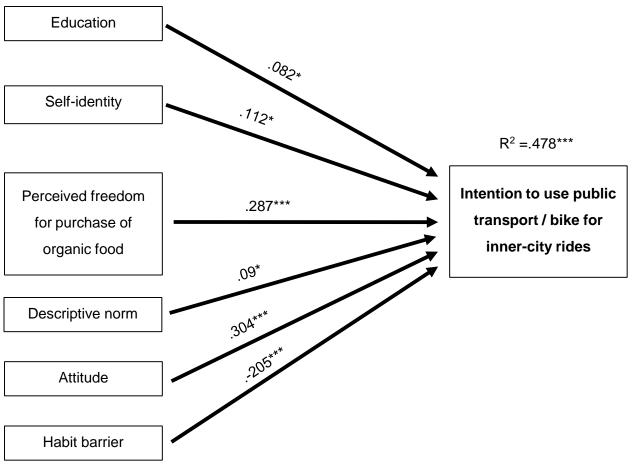


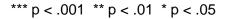
## III Use public transport / bike: Empirical model II





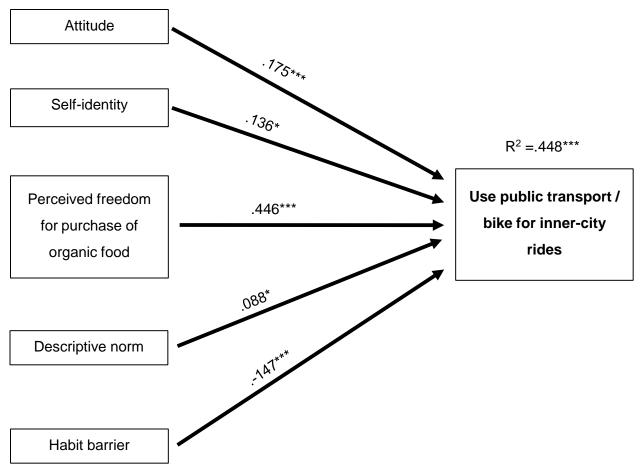
#### III Use public transport / bike: Empirical model III







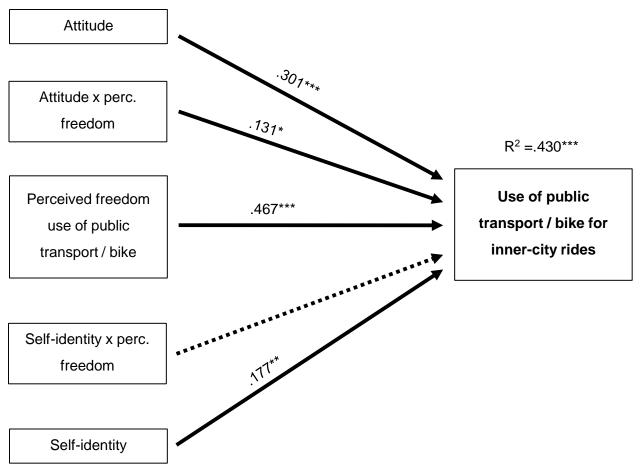
## III Use public transport / bike: Empirical model III





\*\*\* p < .001 \*\* p < .01 \* p < .05

# III Moderation analysis use of public transport



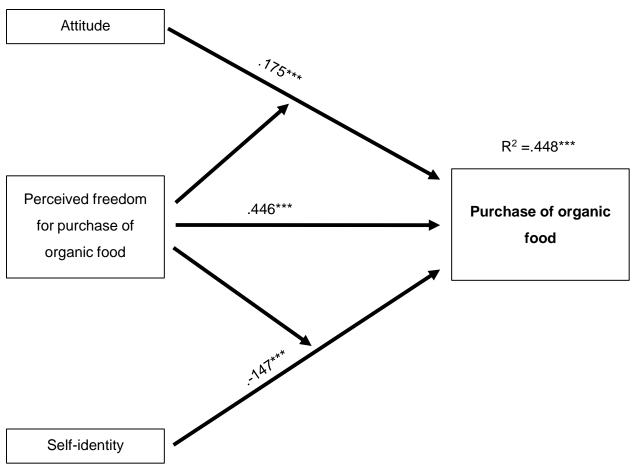


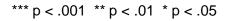
\*\*\* p < .001 \*\* p < .01 \* p < .05

## III Summary Use of public transport / bike

- Direct effects of attitude (+), self-identity (+), perceived freedom (+), descriptive norm (+) and habit
   (-) on inner-city mobility behaviour
- Comparable results for intentions → but additional direct effects of education (+)
- Effects of descriptive norm (+), social recognition (+) and time & financial barriers (-) on intentions are mediated by perceived freedom to use public transport / bike
- Effects of sex (+), self-identity (+), descriptive norm (+), and time barrier (-) on intentions are mediated by NTRUM FÜR Attitudes towards public transport / bike

# **III Moderation analysis I**







# **IV Key points / Discussion**

#### **Standardized regression coefficients**

DV	Attit ude	Desc. norm	Perceiv. freedo m	Self- identity	Habit barrier	Age	Sex	Social Recogniti on	Educat ion
Intention purch. organic food <sup>a</sup>	.332	.087	.291	.071	254	068			
Behav. organic food <sup>b</sup>	.225		.344	.111	237		.093	.077	.07

$$^{a}R^{2}$$
= .559  $^{b}R^{2}$ = .513



# **IV Key points / Discussion**

#### **Standardized regression coefficients**

IV DV	Attitud e	Desc. norm	Perceiv. freedom	Self- identity	Habit barrier	Age	Educatio n
Intention use public transp./ bike <sup>a</sup>	.278	.093	.320	.081	251		.077
Behav. use public transp./ bike <sup>b</sup>	.150	.087	.473	.093	169		

 $<sup>^{</sup>a}R^{2}$ = .478  $^{b}R^{2}$ = .448



## **III Key points / Discussion**

- Perceived freedom to purchase organic food / use public transport & bike as strongest predictor of the two pro-environmental behaviours (other strong predictors are attitudes and habits)
- Perceived freedom (partly) mediates effects of descriptive norms, social recognition and sociodemographic variables
- Moderator effects of perceived freedom and attitudes / self-identity (positive interaction) illustrates the importance of freedom / autonomy for proenvironmental behaviours → possible further researchingumental to self-determination theory (intrinsic motivation) and